



Wellsprings  
of  
Wisdom

# CONSCIOUS TEACHING DIPLOMA



## STEINER WALDORF EARLY YEARS EDUCATION (LEVEL 4 DIPLOMA)



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# INTRODUCTION

The Conscious Teaching Course is a UK Level 4 Diploma (EYE) delivered over two years part time. The course is suitable if you are looking for a recognised, validated qualification in early years care and education and wish to specialise in the Waldorf approach to early childhood.

This course is suitable if you are looking for a recognised, validated qualification in early years care and education and wish to specialise in the Waldorf approach to early childhood. It may suit anyone:

- Wishing to take up early childhood work in the future;
- Wanting to become a group leader in a Waldorf kindergarten;
- Working in mainstream education but wishing to understand Waldorf principles and practice in the early years.
- Parents and Professionals wishing to support children holistically



# QUALITY ASSURANCE & ACCREDITATION

In 2001, Highgate House School developed an international Steiner Waldorf Early Years training in collaboration with the International Association for Steiner Waldorf Early Childhood Education known as IASWECE to train teachers for the founding of the first Waldorf Kindergarten in Hong Kong. In 2017, we became a subsite of The London Steiner Kindergarten Training to deliver the Cache Level 4 Diploma in Steiner Waldorf Early Childhood Studies , qualifying graduates to be recognised as an Early Years Educator for all settings in the UK.

The new Crossfields Institute Level 4 Diploma (Conscious Teaching) was created with the addition of optional Extended Units , out of a need for an increased number of study hours, so as to be recognized in overseas teaching frameworks.







# ABOUT THE CROSSFIELDS INSTITUTE:

Crossfields Institute is an educational organisation specialising in the design of holistic and integrative qualifications and programmes. It was founded in 2007 in response to a growing demand for specialist qualifications for pioneering education providers. The institute develops and delivers a series of Masters programmes with partner Universities around the world and has centres and associates in the UK, Ireland, Sweden, Russia, the US, HK, Australia, Brazil, Botswana and South Africa.

View their website [here](#)





# COURSE CONTENT

- Self development of the adult
- An introduction to the work of Rudolf Steiner and Waldorf Education
- The development of the child from birth to seven years
- An introduction to anthroposophy (Rudolf Steiner's philosophy)
- The principles of Waldorf early childhood pedagogy
- Artistic activities for personal development - eurythmy, speech, music, painting, puppetry, handwork and craft activities
- Observation and supervised practicum hours in Steiner Waldorf early childhood settings
- Understanding challenging behaviour
- Practical ways to support children.





- Practical and social aspects of Waldorf early childhood education
- Professional practice and current early years legislation in UK
- Observation hours and supervised practicum hours in a recognised Waldorf early childhood setting

View the [Official Qualification ID](#)  
View the [Qualification Specification](#)



# LOCATION

In person sessions are based at Highgate House School, the Peak in Hong Kong.

This beautiful location is situated on the Peak with open views of the sea and mountain, providing a retreat away from the city bustle.

Highgate House School was established in 1992 and has adopted a Steiner Waldorf curriculum since 2001.

Highgate House offers a library and comfortable and spacious classrooms for learning and sharing ideas. This comfortable workshop space with an open plan kitchen is on the ground floor main school. Our main classrooms are spacious and filled with natural light.







# ASSESSMENT REQUIREMENTS

At this level, and with a part-time structure, there will be significant distance-learning requirements to enable students to produce sufficient evidence of their knowledge and understanding of the course content, and to satisfy the awarding body's standards for qualification. Applicants for the Level 4 Diploma should be sure that they are able to undertake monthly assignments, with both written and reading requirements.

## Entry Criteria

Acceptance into the course is subject to availability and places are offered on a rolling basis. .

Admission criteria are as follows:

- 18 years or older at the time of course start date
- demonstrate an interest in Steiner Waldorf education's principles and practice
- English and Maths at GCSE/local high school certificate or equivalent



# ATTENDANCE

The course is a combination of tutor contact, online sessions, and distance learning. Students should be able to:

- Attend online sessions, practicum and short intensives of 1-3 days to make up the required number of contact hours. Saturday afternoons in person approximately once per month and intensives of 2-3 days approximately twice per year in Spring and Autumn.
- Find time for written and artistic assignments, supplementary reading and the compilation of a portfolio of evidence for validation
- Undertake observation for min. of 100 hours in Waldorf early childhood settings over Years One and Two.







# APPLICATION PROCESS

Early application is advised; places are filled on a rolling basis. Once the course is full, we accept applications on a waiting list basis.

## Step 1

Submit your completed application form and the administration fee of HK\$500 to [admin@wellsprings.edu.hk](mailto:admin@wellsprings.edu.hk)

Please include proof of bank transfer or electronic reference. (Please include names and contact details of a referee with your application. As far as possible this should be an individual who can attest to your character and who has experience of you in a work or educational situation.)

## Step 2

If the entry criteria is met, you will receive an invitation to an informal interview with one of our core tutors to discuss your application. This will take place either in person or via a zoom call.

## Step 3

If you are accepted onto the course, you will receive an offer of a place, together with a contract, and further details of fees and the course structure. Your place will be confirmed once we have received your signed Acceptance Letter and initial fee payment.





# CORE TUTORS

Our team is drawn from a group of experienced Steiner Waldorf teachers and other specialists who have worked with Steiner Waldorf Education in various fields including teaching, teacher training, research, parent group facilitation, women's groups, and more.



## **Julie Lam**

*Founder of Highgate House School and Course Leader*

Julie is the course leader of the Level 4 Conscious Teaching Diploma, located at Highgate House School as a sub-site of Crossfields Learning, UK. Julie co-created with Crossfields Institute UK, the Extended Units of the Conscious Teaching Diploma. These Units comprise personal development, Special Education Needs, and the Early Years artistic curriculum.

With over 30 years in the field, she brings a vast range of experience and qualifications, including PGCE Montessori, Steiner Waldorf Early Years, Pikler training, infant massage, UK Mainstream early years education and Play Therapy with children.





# CORE TUTORS



## **Delia Sesi**

### *Core Tutor*

Delia has over 34 years' Steiner Waldorf teaching experience and is a teacher trainer from South Africa. Delia jointly oversees the kindergarten curriculum at Highgate House. .



## **Amy Punton**

### *Core Tutor*

Amy is a longstanding qualified Steiner Waldorf early years educator at Highgate House with 18 years of Steiner teaching, training and parent education experience.



# CORE TUTORS



**Rowena Markies**

*Tutor for SEND*

Rowena is a dyslexia specialist, neurodevelopmental therapist and teacher. She works both privately and in schools in UK with children from age 4 upwards. Rowena has also developed teacher training in schools and works closely with parents to link home and school for the child.



**Sarah Rees**

*Tutor*

Sarah is trained in early years teaching and leadership and has worked in a variety of educational roles, including kindergarten teaching, classroom/special needs assistance and 'parent and child' group work. In 2016, she completed a MSc in Neuroscience and Education at the University of Bristol and has since been developing a series of presentations on educational neuroscience for kindergarten teachers and parents of young children.





# FEES & FINANCES

## Years One and Two

These require the payment of an annual course fee in each year. Students are also required to pay a one-off accreditation & qualifying fee, applicants should ensure that they have the means to meet the fees before the application.

**Annual course fee:** HK\$30,000 payable at once or in three equal instalments each year of HK\$10,000

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**Administration fee and Registration Fee (non-refundable)** HK\$500 payable on application  
HK\$6,000 on acceptance for registration with Crossfields Learning and Wellsprings

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## Certificate of Attendance Only

### Course Fees:

- HK\$18,000 annual per course year
- HK\$6,000 per term
- HK\$1,500 per training day

We do also accept fee payments by credit card however this will incur a c.4 % handling fee.



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inspiration and  
practical knowledge*



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